**Backend Development**

1. **Python Extension**: For writing and managing Python code (if you're using Python for the backend).
2. **Flask or FastAPI Extension**: Depending on whether you choose Flask or FastAPI for your Python server, install the corresponding extension to aid in development.
3. **SQLite Extension**: If you opt for SQLite as your database, this extension can help manage and query your database directly from VS Code.
4. **PostgreSQL Extension**: If you choose PostgreSQL, use this extension for database management.
5. **REST Client**: To test API requests directly within VS Code.

**Frontend Development**

1. **Live Server**: For a real-time development server that refreshes your web page as you edit HTML, CSS, or JavaScript files.
2. **Phaser 3 Snippets**: If using Phaser.js for game development, this extension provides code snippets and support for Phaser 3.
3. **JavaScript (ES6) code snippets**: Useful for writing JavaScript efficiently, with support for ES6 syntax.
4. **HTML CSS Support**: Autocompletes HTML tags and CSS properties, making it easier to write your frontend code.

**General Development**

1. **GitLens**: Enhances the built-in Visual Studio Code Git capabilities. It helps you visualize code authorship via Git blame annotations and logs.
2. **Prettier - Code Formatter**: Automatically formats your code to keep it consistent and readable.
3. **Bracket Pair Colorizer**: Visually distinguishes different brackets with colors, making it easier to read complex code.

**Data Communication**

1. **WebSocket Client**: Useful if you choose to implement real-time data communication between your frontend and backend using WebSockets.

**Testing**

1. **Python Test Explorer for Visual Studio Code**: If you write unit tests in Python, this tool helps to run and visualize the results directly in VS Code.
2. **Jest**: For JavaScript testing, if you use Jest as your testing framework.

**Security**

1. **Gitignore**: To manage your .gitignore files directly within VS Code.

**Deployment**

1. **Heroku Extension**: If deploying to Heroku, this extension can simplify the process.
2. **AWS Toolkit**: For deployment and management of your app on AWS.